

Re-occurring Sinus Infections
My Miracle in a Bottle
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Well over 20 years ago I was having chronic sinus infection. Due to the infections I was taking antibiotics almost on a monthly basis. The antibiotic would work temporarily and the infection would clear, but within a short period of time the infection would return. After numerous re-occurrences of infection I concluded that my body was weak and could not fight bacterial infections.

Due to my conventional training as a nurse, the taking of the antibiotics made sense to me but I knew I needed to do something else. Conventionally I knew I was doing everything I could do. My frustration mounted as I dealt with the infections, congestion, difficulty breathing, drainage, cough, and weakness.

As a result of my frustration I decided to seek out natural health care. I went to a practitioner that was consulting clients and recommending supplements, herbs, and homeopathic. Due to her recommendations I began to take numerous remedies. Within that group of remedies I found what I call my miracle in a bottle, a homeopathic called a nosode. At that time a nosode had no meaning to me, but over time I became to understand it better. This nosode formulation, which had minute levels of dead bacteria in it, strengthened my immune system to bacteria and as a result I was able to stop taking the antibiotics. That for me was unbelievably profound. I felt that this type of treatment was top secret information that the average citizen did not know about and that conventional practitioners were unaware. At that moment I knew my path had changed from a conventional nurse. I then was driven to help others that had similar difficulties. I sought out homeopathic education and then began to consult clients as a natural health care nurse and integrative homeopath.

These events forever changed my path in life and gave it a much stronger meaning.

For information on the natural treatment of sinus infection please feel free to contact the Washington Institute of Natural Medicine.

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